

# NOVEMBER

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 2 Yoga w/Jasmine 10:00-11:00am
3	4	5	6 Adult Hip Hop 5:30-6:30PM	7 FitHaus HEALTH CLUB ZUMBA @5:45-6:45PM	8	9 Yoga w/Jasmine 10:00-11:00am
10	11	12	13 Adult Hip Hop 5:30-6:30PM	14 FitHaus HEALTH CLUB ZUMBA @5:45-6:45PM	15	16 Yoga w/Jasmine 10:00-11:00am
17	18	19	20 Adult Hip Hop 5:30-6:30PM	21 FitHaus HEALTH CLUB ZUMBA @5:45-6:45PM	22	23 Yoga w/Jasmine 10:00-11:00am
24	25	26	27	28	29	30
No Classes this week- Enjoy your time with family!						



Danica's School of Dance  
Located @ 5101 C Lake Isabella Blvd. Lake Isabella, CA.93240  
760-223-0657



FitHaus Health Club  
Located @ 50 Tobias St, Kernville, CA 93238

Questions??  
Contact Danica @ 7602230657  
\*\*Texting is best  
or  
email  
@danicavittoria@yahoo.com

Join us for a Fitness class this month *(at no cost to you)!*  
Brought to you by Kern Family Health Care

