

FEBRUARY

Mondays

2

 Adult
 Hip-Hop
 6:30- 7:20

9
No Class

16
No Class

19

 Adult
 Hip-Hop
 6:30- 7:20

Thursdays

5

 Zumba
 5:15-6:15PM
 *Kernville

12
No Class

19

 Zumba
 5:15-6:15PM
 *Kernville

26
No Class

Saturdays

7

 Yoga w/
 Jasmine
 10-11AM

14
No Class

21

 Yoga w/
 Jasmine
 10-11AM

28
No Class



**Kern Family
Health Care®**

No Cost Fitness Classes

Provided by Kern Family Health Care



****NEW Location**
6200 Lake Isabella Blvd.
Unit A
@FitHaus




FitHaus
 HEALTH CLUB
 Kernville, CA
FitHaus Health Club
Located @ 50 Tobias St,
Kernville, CA 93238

Questions??
Contact Danica @ 7602230657
****Texting is best**
or
email @danicavittoria@yahoo.com

